Planning and Self-Care

I think that the two most challenging steps for me to overcome will be Self-Care and Planning. When I get wrapped up in a project I let it completely consume my life. I will forget to fully take care of myself. I have learned the hard way to not do that again but it will always be a struggle of mine. The other one that will be a struggle will be the planning of how to build my code. In my exercise thus far with coding I never plan far enough. It always has more steps than what I originally though it would. I am going into this bootcamp with these challenges in mind so that I will be able to over come them.